

# TARARUA COLLEGE

SPORTS



## A Week of Sport - 3 August 2020

### Football Girls

The Girl's 1st XI Football team travelled to Palmerston North this week to play Awatapu College. They came away with another awesome win, beating Awatapu 4-0. They were unlucky to not have more goals, but are showing huge leaps in improvement, and some great promise for the rest of the season.

### Boys' Hockey 1st XI

Wednesday was a disappointing game for the boys who lost 4-3 to PNBHS, despite being in the lead in the first half. I'm sure their disappointment will spur them on to train hard and be ready for next week's challenge.

### Girls' Hockey 1st XI

The hockey girls had an amazing game on Thursday against Freyberg High School. Every single girl was very focused, and played really well both on attack and defence, they had a lot of ball, and did some fantastic passing. We didn't get a win, it was a very close intense battle right to the very end. They all played their little hearts out, so well done. Players of the day were Trudy Jenkins and Quanika Hebler.

### Senior B Netball

The girls had a loss to Feilding 22-17, but was a really good game to watch. Awesome to see the girls gaining confidence and skills. This week, there were loads of intercepts mid court which made for an exciting game. Well done, Misty! Feilding's defence in our shooting circle was very impressive.

### Girls' 'B' Basketball

The basketball girls had a loss to Feilding 34-18, this was an improvement from the last time we played this team. Feilding play very competitively and physically, so without a good ref the game can become quite scrappy. The girls stayed composed for the game and stuck with it to the end.

### Junior A Netball

The Junior A netball team had an awesome game against PNGHS 10A2. They managed to lead most of the game by one goal. In the final quarter they took the

lead by five goals winning 20-15. Player's of the day went to Lexx for her hard work on defence, creating turnovers, and also to Jayda for coming on in the second half with some great circle work and shooting.

### Junior Rugby

The junior rugby team travelled away to play Dannevirke High School U14s.

A sluggish start saw the teams even after the first 15 minutes, however the boys eventually connected, and with superior support play and some sound tactical decision making, the team dominated for the rest of the game, eventually winning 38-10.

Once again, a big thank you to all the supporters for being there.

### Junior Prem Boys Basketball

Friday night saw the Junior Premier Boys play their best game of the season in an evenly matched game against Awatapu College. After a slow start and falling behind by about 10 points in the first quarter, the team fought back to take a small lead into halftime. The second half see-sawed throughout, but once Hami fouled out early in the fourth quarter, the team ran out of steam and finally went down 54-45.

Everyone played their part in a great team effort, particularly on the defensive end.

### Senior A Netball

The Senior A Netball team played Tū Toa on Saturday, and with only seven girls available, due to injuries and illness, the team battled on bravely, but unfortunately came away with the loss. There were some great phases of play, and the team once again played with a lot of heart.



## Manawatu Swimming

Congratulations to Logan and Amber Spencer for competing in the Manawatu Swimming event on Saturday 24th July in Palmerston North. They both swam really well and were up against some top swimmers. This event had been postponed due to COVID, so was run very late and out of swimming season. Well done to you both for still competing!

Results were:

Logan - 5th- 50m Butterfly / 7th- 100m Freestyle / 5th- 50m Backstroke / 6th -100m Medley

Amber - 1st- 50m Breaststroke / 3rd- 50m Freestyle

## High Performance Developing Schools Programme

Ben Harris and Zachias McKay have been selected into the Manawatu Rugby Union High Performance Developing Schools Programme.

The purpose of this programme is to create an equitable opportunity / experience for players within our smaller rugby playing schools.

The boys have the opportunity to be part of a High Performance environment which will cover the Six Pillar Development Model (Personal Development, Nutrition, Strength & Conditioning, Mental Skills, Technical and Tactical).

They will be attending five sessions, held fortnightly, over at the Manawatu Rugby Performance Centre in Palmerston North.

Thank you to the MRU for developing this programme, and congratulations to our boys for being selected. We hope you get a lot out of this, which we are sure you will.

From Ben Harris, "The start to the programme was awesome! It quickly changed from Manakura, Hato Paora, Tararua, etc. to one big squad, all trying to achieve the same goals. I'm looking forward to seeing what the rest of the programme has in store for us, and getting to know the coaches and teammates better".



Ben Harris

## Interhouse Basketball

We have completed another successful interhouse competition. Last week it was basketball. Basketball is normally our most popular interhouse competition, especially now that it is our most played sport in the school.

All games were pretty close between all the houses, but it just came down to the last game. Who wanted it more?

We had a nail biting final game for 1st and 2nd, between Rimu and Matai, where we had to go into overtime.

It was the first House to score, won. So after a few miss shots, Ruby Ngaruhe made a pass to Amethyst Lauano, and he scored the winning goal!

Matai took out the win 19 - 17.

Thank you to our umpires who all did not want to do it, but gave up their time to help us out.

Final placings were:

1st - Matai / 2nd- Rimu / 3rd- Totara / 4th- Kowhai

With a busy term ahead, we will hopefully fit in one or two more House Competitions. Thank you.





Clockwise from top, left: Senior B Netball vs Feilding, Helpers for the Bush School's 7-aside Tournament, Junior A, Boy's Hockey, Senior A Netball, B Basketball. Middle, Amber and Logan Spencer.